



Killeen Fire Department

Applicant Physical Fitness Test

Applicant's Name: _____ **Date:** _____

Event	Minimum Standard	Score Attempt 1	Score Attempt 2	Score Attempt 3	Fitness Coordinator signature and badge #
Vertical Jump	15.5 inches				
Illinois Agility Run	18.4 seconds				
Sit Ups	30 sit ups in 1 minute				
300 Meter Run	64.5 seconds				

Pass	Fail
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